

Make your own percussion instrument

This activity can take as much time as you like. Residents can make as many instruments as you have the resource for. You can prepare the resources as much or a little as you need. For example, someone who might struggle with cutting the paper to size could already have their paper cut for them.

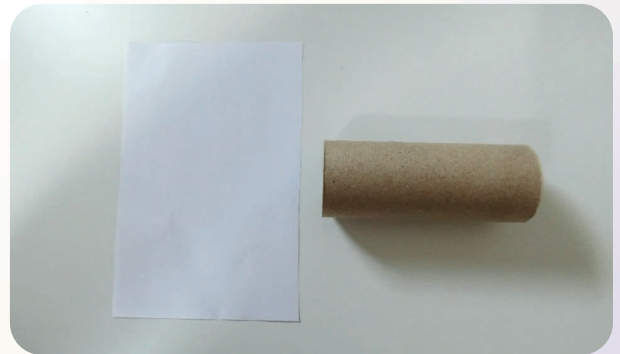


You can also follow along with the video guide by scanning the QR code or visiting mihc.org.uk/make-percussion-instrument.

You will need:

- A toilet roll inner tube
- Paper
- Glue
- Pens/ stickers/ decorating materials
- Scissors
- Rice/pasta
- Tape
- Imagination and creativity!

1. Taking a piece of paper that is long enough to go all the way around your toilet roll inner tube (with a 1cm overlap to glue or tape in place), cut to the correct width.



2. Decorate – get creative! (You could include names so that each person has their own instrument)

3. Glue or tape your decorated paper to your toilet roll tube. If using glue, allow to dry before moving to the next step.





4. Fold in one end as shown below and seal tightly with tape, making sure there are no gaps. You may need to use one horizontal piece and one vertical piece across the fold.

5. Put around a teaspoon of uncooked rice into the open-end tube, you could also use dried peas, pasta or beans for a different sound.



6. Fold in the other end and again seal tightly with tape as you did in Step 4.

7. You now have your very own percussion instrument. Shake from side to side to make a percussive sound.
8. Get some music playing and join in!

Here are some suggestions of songs you could play along to:

You Are My Sunshine

Cecilia - Simon and Garfunkel

Dancing Queen - ABBA

Shotgun - George Ezra

Love Me Do - The Beatles