# 70 years of joy through live music





# Welcome

#### **Peter Fairlie**

Chair of Music in Hospitals & Care



Celebrating our 70th birthday resulted in a year full of special events, celebratory concerts and fundraising initiatives throughout the UK.

Many birthday concerts took place including one at Sherwood House Care Home in Walton-

on-Thames, which was attended by our Royal Patron, HRH The Duchess of Gloucester. We were thrilled with her visit and continued support. HRH unveiled a plaque and cut a birthday cake, much to the delight of all in attendance.

We have reached 70 years and could not have achieved this without our wonderful staff, our Vice Presidents, Committee Members, Local Ambassadors and Musicians. Our volunteer base is essential for our success and we can't thank everyone enough for their support — all for the benefit of people in care and their supporting families. "Having the privilege to be the Patron of Music in Hospitals & Care, I have seen at first hand just what a profound effect their live music concerts have on adults and children in the healthcare system, including clinical and care staff, family and other visitors."

HRH The Duchess of Gloucester Our Patron



**Image:** Our Royal Patron HRH The Duchess of Gloucester enjoyed an afternoon of tea and live music alongside residents and staff of both Sherwood House and MiHC reminiscing to jazz classics and music from the 1920s to the 1940s, courtesy of MiHC musicians **The Boneshaker**.

**Cover image credit:** © Mark Allan / Culture Mile

### Looking back — a brief history

Some things have changed beyond recognition since Music in Hospitals & Care was formed in 1948 – but the power of live music is as enduringly strong today as it has ever been. 70 years ago, we took music into a handful of hospitals; today, the charity performs up to 5,000 concerts throughout the UK, in care homes, hospices, special schools and day centres, as well as in hospitals. Our aim remains to overcome barriers which prevent people, regardless of their health or well-being, from accessing the therapeutic benefits of live music. We continue striving to improve the quality of people's lives, one tune at a time.

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<b>1948</b> Sheila McCreery Iaunched The Council for Music in Hospitals		<b>1972</b> Sylvia Lindsay took over as Secretary		<b>1980s</b> Scotland's first and children's p introduced	concerts C	<b>.998</b> MH was ebranded to fusic in Hospitals
1940s	1950s	1960s	1970s	1980s	1990s	2000s



#### Rebranded to Music in Hospitals & Care



#### 2018

70th birthday of Music in Hospitals & Care

### 2010s

### Next 70 years

### **70th birthday celebrations**

We are very grateful to everyone who joined in with our birthday celebrations this year — including those who donated to our birthday appeal and those who very kindly gifted their own birthday to raise funds to bring joy through live music.

#### **Nella Kerr MBE**

A very special event was held in honour of our first Scotland Director at Music in Hospitals & Care (MiHC) and President Emerita Nella Kerr in June. Nella joined others in generously gifting her birthday in celebration of our joint special occasions.



"This year, as MiHC celebrates its 70th year nationwide, I celebrated my 90th birthday. It was a good opportunity to ask friends and family if they would like to give a donation towards a concert or concerts in lieu of a present."

#### Sylvia Lindsay MBE President Emerita

For those of you who don't know Sylvia Lindsay, her unique personal contribution to the success of MiHC dates back to a time when the charity was at the point of closure. Having spent 10 years as an artist, and 20 years as Director of the Council for Music in Hospitals, her dedication and passion for taking professional live music to healthcare settings continues.



**Image:** Sylvia (centre) pictured with Chief Executive, Barbara Osborne (right) and Director for South, Claire Owen (left).

### Thank you

We were delighted so many of our long-standing friends and supporters were able to join us to mark our celebrations and we would like to thank all of those who celebrated with us and who continue to support our work in taking live music to all those in healthcare settings.

Image: Nella with cake.

## **Our musicians**

We are fortunate to work with a wide variety of artists whose incredible dedication and commitment has enabled us to take live music into healthcare settings across the UK. Many have worked with us for a number of years, and all are experienced musicians and performers chosen not only for their musicianship, but also for their communication skills.

#### Laura Stevenson

"The one thing that I love and continue to admire is the connection made with the audience. I love the intimacy and interaction our music creates."



"I've been fortunate enough to perform for MiHC for over 30 years, and continue to feel privileged to bring music to those who need it most. During my time with the charity I have seen the concerts adapt from mainly classical repertoire to be more diverse, with talented artists performing music from all sorts of genres."

#### **Margaret Ferguson**

Started as an MiHC musician 20 years ago and performs all sorts of music including opera, oratorio, jazz, musicals, gospel and African songs.



"It's wonderful to belong to a charity which reaches out to the seldom reached. Many won't have the ability to go to concerts and it's wonderful we can interrupt peoples' hurts and pain with music. Also, to spend time talking to them and listening to their many different stories."

#### John Davidson

Joined 10 years ago and sings a range of material including folk songs, music hall, country and blues, accompanied by guitar and Celtic bouzouki.



"There have been many highlights, mainly seeing the effect that music can have on a person in a care home or patient in hospital. I recall seeing the daughter of an elderly gentleman (who had dementia) moved to tears of joy when her father sang along with me. He had not communicated verbally in months."

# **2018 highlights** Our year in numbers

Youngest Oldest Current Number of Hours of Number audience audience number of concerts given live music of people member member musicians in 2018 provided reached\* 90.360 **686** 4,518 6.379 3 104 months vears

### Help bring joy through live music for those in healthcare

Our musicians' performances simply couldn't take place without the contributions, donations and time given by our amazing supporters. We depend upon the generous support we receive from funders, and are hugely grateful to each and every person supporting us to reach people in healthcare settings across the UK. You can get involved in a number of ways including:

- Become our Friend
- Gift a Concert
- Volunteer
- Remember us in your will

If you would like to find out more, we would love to hear from you – our contact details can be found on the back.

\*This is an approximation based

on 20 attendees per concert.





If you would like to find out more about the work of Music in Hospitals & Care or wish to support us to bring joy through live music please contact us:

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Email: hello@mihc.org.uk Website: www.mihc.org.uk



Chief Executive: Barbara Osborne

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