



**ANNUAL REVIEW  
& IMPACT REPORT 2017**

## Peter Fairlie, Chair of Music in Hospitals & Care

We've come a long way since the Council for Music in Hospitals was formed in 1948. Some people may ask "What's in a name?" but, for the Trustees and staff, it was important that our new name together with our new branding, better reflected how we had responded to change over time, hence the addition of '& Care', as over 75% of our live performances are held outwith hospitals.



Our concerts throughout the UK now number around 5,000 each year, which is the equivalent of 100 a week and our reach extends to most parts of the UK. With 450 professional musicians, from a wide range of genres, the quality of the musical experience is guaranteed for the 130,000 children and adults that make up our audiences each year. But numbers are only one way of measuring what we do, the most important measurement is the difference that we make to people's lives. As Chairman, I'm proud that we are increasingly able to formally evidence this through research as well as observing the transformation that happens to our audiences during a concert. I'm sure you'll agree that our new strapline of 'Joy through live music' accurately represents the impact we have and will continue to aim for.

On behalf of the Board, I'd like to take this opportunity to thank all of our staff, musicians, volunteers, funders and donors for their support in helping us continue to bring live music to so many people in care.

## Eileen Henry, Scottish Convenor

Joy is 'a feeling of great pleasure and happiness' which is why this features in the strapline under our new name, Music in Hospitals & Care.



This is unmistakable in the responses of our audiences, be they patients, care home residents, care staff, relatives and visiting friends. It also shows on the faces of our extremely talented musicians.

For me, as Convenor of the Scotland Committee of Music in Hospitals & Care, it has been a year of 'Joy'. I have had the privilege of attending amazing concerts and seeing their impact and working with a tremendously dedicated team in Forth Street and an enthusiastic Committee. Working with our Chief Executive Officer, Florence Burke has been another 'Joy' and both I and the Scotland Committee wish her every success in the future. 2018 will see a new Director Scotland in place, together with a year of celebrations for 70 years of Music in Hospitals & Care.

### Access All Areas at Scottish Parliament

We launched our new name and look in September at a Parliamentary Reception. We are grateful to Miles Briggs MSP, member of the Health and Sport Committee, for sponsoring the event for us and his warm welcome and support for our work.

## Florence Burke, Chief Executive

Sadly, due to family illness, I've recently had regular visits to someone in hospital. Much though we care for each other, we can still run out of things to say. Which may come as a surprise for those of you who know me.



It's too easy to assume that because you're in a hospital or care setting with other people, you're not isolated and lonely. The experience reminded me of one of my favourite quotes from a woman who, when asked about the concert she'd just attended, simply said that it would give them something to talk about for the next couple of days. It brought home that through combatting the boredom that can come from being in hospital or care, our concerts enable people to have an experience not linked to what's wrong with them or where they are.

That's why we aim to make our concerts a positive communal event that helps everyone feel connected to those around them. Our musicians are key to this but so is the participation of the hospital and care staff. You'll find in this review more information about some new initiatives we're developing to increase engagement and look at improvements that can be made. We're always learning and looking for new approaches and partners because we want the best for every one of our audiences each and every year.

## Music in Hospitals & Care (MiHC)

MiHC was established in 1948.

Since 1980, when an office was established in Edinburgh, we have given over 49,000 concerts in care settings across Scotland.

We work with a wide range of people who, due to health conditions or disability, are unable to access or experience live music within their local communities.

We aim to enable people, regardless of their health or well-being, to access the benefits of live music. We continue striving to enhance the quality of people's lives, one tune at a time.

### Gillian Dinsmore awarded MBE

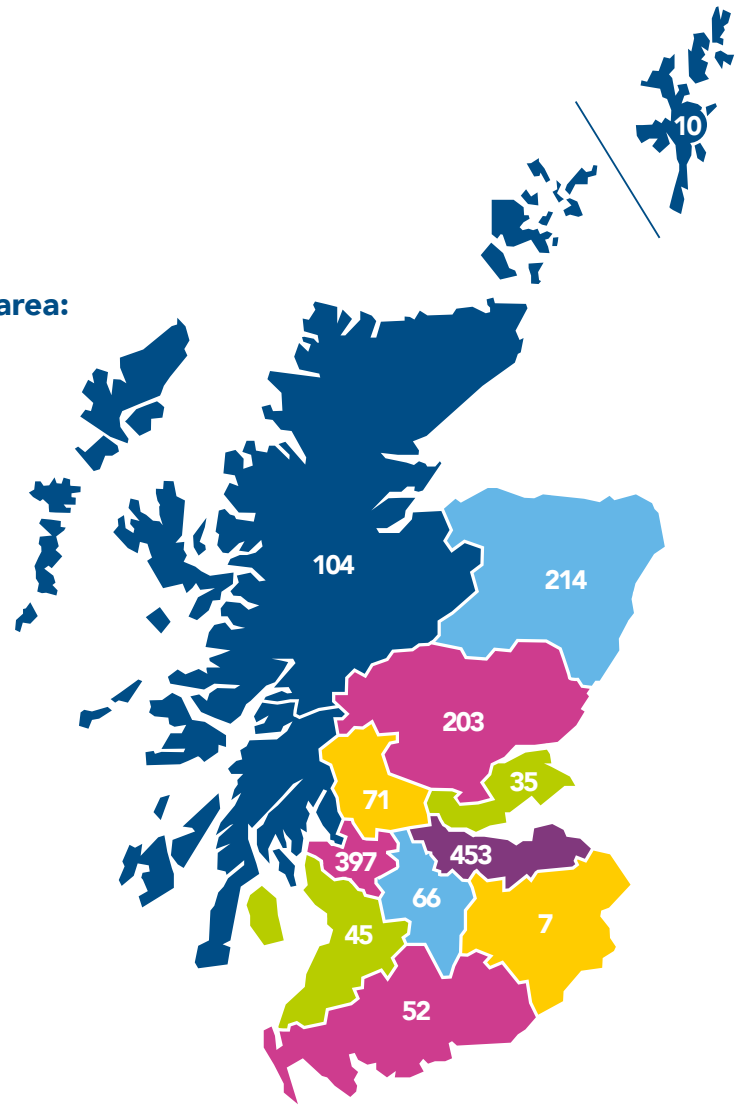
Gillian Dinsmore has been awarded an MBE in the Queen's Birthday Honours for services to music and charity. After 35 years with the charity as Convenor, Committee Member, Trustee and all round unstoppable supporter, Gillian Dinsmore stood down from the above roles in October 2016. Gillian is now a Local Ambassador in Glasgow for MiHC and continues to spread the word about our work in the area in which she lives. Gillian, we are truly grateful to you, and indeed your whole family, for the time you give to Music in Hospitals & Care – this award could not be more deserved.



## Music Across Scotland

### Concert numbers by NHS Health-board area:

Shetland	10
Grampian	214
Tayside	203
Fife	35
Forth Valley	71
Lothian	453
Borders	7
Dumfries & Galloway	52
Ayrshire & Arran	45
Lanarkshire	66
Greater Glasgow & Clyde	397
Highland	104



## Our year in numbers



**Youngest  
audience  
member**

5  
months



**Oldest  
audience  
member**

101  
years



**Current  
number of MiHC  
Scotland musicians**

99



**Number of  
concerts given  
during 2016/17**

1,657



**Hours of  
live music  
provided**

2,071



**Approximate  
number of  
people reached**

30,642

## BENEFICIARIES...

We bring interactive live music sessions to people of all ages who are receiving care or treatment in healthcare settings across the UK.

Our professional musicians visit hospitals, hospices, care homes, day centres, special schools and community settings.

844  
live music  
sessions

### CARE HOMES

The majority of people we meet in care homes are older, many of whom have dementia including ex-service personnel or people with additional support or mental health needs.

*"Every one of our people with dementia was animated during the concert, singing, smiling, tapping fingers and toes."*

ALZHEIMER'S CENTRE, NAIRN



## HOSPITALS

Our musicians engage with people of all ages, bringing live music onto wards, communal areas and directly to people's bedsides in acute wards, neurological settings, mental health settings, elderly care and stroke units.

624  
live music  
sessions

*"Patients within acute mental health wards do not often get this opportunity to be entertained and de-stressed in such a powerful way."*

MONKLANDS GENERAL HOSPITAL, AIRDRIE

## HOSPICES

This year we provided music to palliative care settings in Inverness, Oban and across the central belt including two children's hospices in Rachel and Robin House.

35  
live music  
sessions

*"The joy that music brings to our residents' lives is incomparable to anything else."*

LINLATHEN NEURODISABILITY CENTRE,  
BROUGHTY FERRY





## DAY CENTRES & SCHOOLS

We bring lively interactive performance to young people with additional support needs and their families.

54  
live music  
sessions



*"I've never seen or heard a harp before – please come back!"*

PUPILS AT ANDERSON HIGH SCHOOL,  
ASN DEPARTMENT, SHETLAND

*"It brought me back to my teenage years – great music, great craic."*

HIGHLAND HOSPICE, INVERNESS

## A CLOSER LOOK – PROJECTS

### PLAY IT AGAIN SAV! (Scottish Aged Veterans)

Music in Hospitals & Care Scotland is one of 15 organisations forming a new consortium led by Poppyscotland. The group was successful in its application for £4 million from the Aged Veterans Fund to undertake a three-year programme of support for older veterans over the age of 65 and their families in Scotland.

Under the umbrella of **Unforgotten Forces**, the consortium will deliver a range of new services and enhancements in areas including advice, access to healthcare, addressing social isolation, respite, along with creative activities and events for those in care settings.

For more information about the project please get in touch with Kirsty at [playitagainsav@mihc.org.uk](mailto:playitagainsav@mihc.org.uk).



**UNFORGOTTEN FORCES**  
 Supporting Scotland's  
 Older Veterans



*'Play it Again SAV! focuses on tackling the loneliness and isolation experienced by many older veterans.'*

### TAP TO THE APP Digital Skills through Music

Question – would you like to get more digital skills as defined by Go On UK or would you like to go to a concert? We think the answer for the majority of us might be the latter!

Yet, there are too many people being left behind in using online tools and resources and, at a more basic level, missing out on a lot of information, advice, contact and entertainment. While we don't think that there's any substitute for sharing live music, we do think that there are ways that we can use digital tools to improve the experience for our concert goers.

With funding from the Digital Charter Fund, *Tap to the App* will enable older people in care home settings to develop the digital skills to build and share personalised concert programmes and evaluate the live concerts delivered. Get in touch with Julie at [taptotheapp@mihc.org.uk](mailto:taptotheapp@mihc.org.uk) for more information or to get involved.





## OUT & ABOUT WITH MiHC

### Harp and Song! A tour of Shetland's care settings

TOTAL E&P UK Limited contributes significantly to MiHC's vision to reach all parts of Scotland. Their support of a tour, which brings live music to healthcare services across the Shetland Islands enables us to reach Scotland's most northerly shores. This May, MiHC musician, professional harpist Rachel Hair spent a week travelling across the islands, bringing live musical performances to patients, residents, children and staff across 10 different care settings.



*"There was a calm, relaxed atmosphere in the room and even those who are normally restless were able to sit and listen to the music."*

WALTER & JOAN GRAY HOME, SCALLOWAY, SHETLAND



## Edinburgh & Lothians Health Foundation

We are delighted that the Edinburgh & Lothians Health Foundation are supporting regular sessions throughout the year for people receiving care and treatment in 16 NHS Lothian sites. Thanks to this support over 3,000 people have benefited and we look forward to reaching even more people in the forthcoming months. Thank you ELHF!

## Edinburgh & Lothians Health Foundation

*"Music is very important in our ward. Every time we have Music in Hospitals & Care it makes a huge difference in our patients' days and helps in so many different ways. It really helps improve the mood!"*

MIDLOTHIAN COMMUNITY HOSPITAL, BONNYRIGG

## Singing Together with the ScottishPower Foundation

We received generous continued support from the ScottishPower Foundation during 2017, for the delivery of 50 live concerts across Scotland. These performances involve older people in care homes across the whole of Scotland, with the aim of reducing levels of social isolation and loneliness experienced by people in care. The project will reach approximately 1,000 people in care.



*"One carer could not believe the change in a resident who is normally quiet and reserved."*

STRATHBURN LODGE, GLENROTHES





## MUSICIANS

Our talented musicians have delivered over 49,000 live concerts! Without our musicians MiHC simply couldn't operate and we are hugely grateful to each individual for the incredible work they do.

### Bob Harvey

We would like to say a very big thank you to pianist Bob Harvey who retired as an MiHC musician earlier this year. Bob had been with MiHC since 2005 and in that time gave 381 concerts with nine different singers and 3 violinists! Thank you Bob for all that you've given to MiHC, we'll miss you very much.

### Ewen Sutherland

We were deeply saddened to hear of the passing of our wonderful musician and friend, Ewen Sutherland this autumn. Words cannot express the loss that MiHC and that we as individuals feel. Ewen had been part of MiHC since 2001, mainly performing as 'Reels on Wheels' with Yvonne Macleod and on other occasions with musicians Gary Sutherland, Alan Small, Pete Clark, Ciaran Dorris & Heather Innes. He gave over 1,400 performances for MiHC, bringing countless moments of happiness and joy to thousands of people in care. Our thoughts are with Ewen's family and friends, we will all miss him so very much.





## FRIENDS AND VOLUNTEERS

Friends play an important part in all of our lives and without the Friends of MiHC, we would be a very quiet charity. Our Friends help us to keep providing the joy of live music to those who need it most.

### What does being a Friend involve?

An annual donation all of which goes directly towards providing live music. It's as simple as that.

Of course if you do want to get more involved in our work – through volunteering, fundraising or spreading the word about us – we'd love for you to get in touch. See our website [www.mihc.org.uk](http://www.mihc.org.uk) or contact us at Music in Hospitals & Care, 10 Forth Street, Edinburgh, EH1 3LD.

### What are the benefits of being a Friend?

As a Friend you'll benefit from knowing that you've helped us to reach out to people and bring music into their lives. Plus, you'll receive:

- ▶ entry into a monthly draw for tickets to concerts, delivered by the RSNO
- ▶ priority invitations to all of our events
- ▶ a Friends' newsletter to keep you updated throughout the year with what we've been doing.

Our many thanks to those of you who continue to support us and we hope to welcome more new Friends in the future – spread the word!

### LOCAL AMBASSADORS

Local Ambassadors (LAs) are invaluable to MiHC. They are our eyes and ears 'on the ground' in their local communities, across Scotland. LAs are able to promote MiHC in areas and regions that office staff are simply unable to reach or easily connect with. Thousands of pounds have been raised and secured thanks to the incredible work of our Local Ambassadors, and an ever-increasing number of people continue to learn about the charity and our work. Through our LAs, the word is spreading!

To find out more about our Local Ambassador scheme, please give the office a call on 0131 556 5848 or see our website at [www.mihc.org.uk](http://www.mihc.org.uk).



## THANK YOU...

### Midnight in Paris at Buchanan Castle Golf Club

Local Ambassador Ali Thompson ran her 8th fundraiser at Buchanan Castle Golf Club raising over £2,000 for MiHC. Thank you to Ali, to all your guests and to MiHC musicians Diana Randolph, Gus Carmichael and James Dinsmore for a fantastic performance.



### Garden Party at Loch Ard

Susan Forsyth, along with help from our LA team, hosted an informal lunch and recital in her home at Loch Ard in aid of MiHC. Homemade food and a recital from MiHC pianist Stephen Adam raised £1,560 for MiHC which will be used to provide concerts in hospices across Scotland.



### Beautiful blooms in Orkney

During the summer of 2017, Committee Member Robin Barr, opened his stunning garden in Orkney to the public. Asking visitors to make a donation as they enjoyed the floral displays and horticultural delights, he raised over £400.



### Crafty Soaps

Sheila Watt is a very crafty lady and you may have been given one of her beautiful MiHC soaps already. Sheila has raised an amazing £600 for MiHC through her crafty handiwork – many thanks Sheila for this incredible support.

## Nomad's Tent in Kippen

MiHC supporter Kirsty Cuthbert hosted a touring exhibition from Nomad's Tent in Edinburgh, at her home in Stirlingshire. Visitors to the exhibition were treated to a warming bowl of soup or coffee in return for a donation. Many thanks to Kirsty and to all the LAs involved who gave up their time to bake, make soup and host guests, raising £835 for MiHC.



## Charity of the Year

We are very proud to be named as Charity of the Year by a number of organisations. Our sincere thanks go to the following for their generous support of our work:

- ▶ Shop Scotland
- ▶ Murrayfield Golf Club, Edinburgh
- ▶ The High School of Glasgow Parent's Association
- ▶ Crown Court Church of Scotland, Covent Garden



## Virgin Money Lounge Edinburgh

A reprise of last year's fantastic event at Edinburgh's stunning Virgin Money Lounge in St Andrew Square. Music, fizz & fun – a recipe for a great night! Many thanks to everyone who donated and to the LA team who made it all happen.



St Andrews University Music Society made MiHC it's charity of the year once again and generously supports the charity's work through collections raise at their free lunchtime concerts.

The Universities of Scotland Symphony Orchestra continues to generously support MiHC and gave a spine-tingling performance of Holst's The Planets this summer across various locations in Scotland, raising funds and awareness of MiHC. We look forward to involving the orchestra in 2018.





## FUNDRAISING CHAMPIONS

A very big thank you to everyone who has supported us this year. These are just some of the activities and events run by people, in aid of MiHC:

### Feast of Beethoven with Solway Sinfonia

To celebrate its 20th year the Solway Sinfonia gave its first concert of the season in support of Music in Hospitals & Care Scotland. The Dumfries concert boasted not one soloist but four in 'A Feast of Beethoven'!

Pianist, Murray McLachlan, along with his three talented, prize-winning pianist children – Rose, Matthew and Callum – played movements from Beethoven's first four piano concertos with Murray himself finishing the concert with no 5, 'The Emperor'. It was a fabulous night and a big thank you to everyone involved. ▼



### Love Music Community Choir

Thanks to all members of Edinburgh's Love Music Community Choir for supporting Music in Hospitals & Care this year. Nominated by Love Music Assistant, Hannah Ross, who used to work with the MiHC team, the choir raised over £1,000 for our musicians' work at a hospital in Edinburgh. ►



### Stirling Orchestra – picking up a new instrument!

Big thanks to members of Stirling Orchestra who have been fundraising for MiHC by challenging themselves to learn a new instrument, to Grade 1 standard. Sponsored, supported and encouraged by family and friends, they have raised over £1,800 for MiHC Scotland. ▲



## Gigs for MiHC!

MiHC musicians Andrew Gordon and John Davidson organised a fundraising gig at The Dunblane Hotel and raised £322. Our many thanks to John & Andrew and to everyone at The Dunblane Hotel for this support. ▼



## Birthday Ceilidh

Many thanks to Moira Wright and everyone who attended her glorious birthday ceilidh in May for raising £226. Thanks to your generosity the ceilidh spirit will continue onto the wards of hospitals and into care settings. ▼



## Summer Fruits

Thanks to the Church of the Good Shepherd Murrayfield members for supporting us at their scrumptious "Summer Fruits" evening in the summer of 2017. MiHC musicians Colin Bryce and Gina Baker gave a fantastic performance at the church and the event raised over £600 for MiHC. Thank you all for your support and for the INCREDIBLE cakes. ▲



## Fife Reelers Ball – a reel, a burl, a jig and a hop!

The 10th Anniversary Fife Reelers Ball was held in St Andrews in April this year and raised £2,500. Dancers came from far and wide from Fife, Inverness, Edinburgh, south of the border and Milan! We're hugely grateful to the organisers and guests of the Fife Reelers Ball for this fantastic support – the funds they raised will be used to provide a series of live musical performances across Fife. ▲

## ACCOUNTS

### INCOME

Grants, donations & legacies	£276,433
Hospitals & care centres	£63,375
Fundraising Events	£34,739
Investments	£16,638

**£391,185**

### EXPENDITURE

Direct charitable expenditure 85% (total cost of providing live music for people in care)	£374,577
Fundraising 15% (total cost of fundraising for grants, donations and events)	£66,102

**£440,679**

### Music in Hospitals & Care Scotland

Patron: Sally Magnusson

#### Committee

Convenor: Eileen Henry

#### Members

Robin Barr  
William Cowling  
Margaret Donaldson  
Eileen Henry  
Dr Alan Jacques  
Professor Jean Ker  
Jennifer Logan  
Lorimer Mackenzie  
Dr Fiona Robertson  
Dr Sivasankaran Sashidharan  
Sheila Watt

#### Scotland Office

Claire Bennett, Laura Dancer, Penny Johnston, Kirstyn Knowles, Andrew Macaulay, Kirsty Walker. We say a fond farewell to Florence Burke, Sarah Bax and Maritta Bryant and wish them well for the future.

### Music in Hospitals & Care UK

Patron: HRH The Duchess of Gloucester GCVO

President: Sir Thomas Allen CBE

Presidents Emeriti: Nella Kerr MBE,  
Sylvia Lindsay MBE

Vice Presidents: Dame Evelyn Glennie CH DBE,  
Julian Lloyd Webber, Dame Felicity Lott DBE,  
Dame Vera Lynn CH DBE, Sir Richard Stilgoe OBE,  
Toby Spence, Katie Derham

Chairman: Peter Fairlie

Vice Chairman: John Middleton

Hon Treasurer: Arthur Davey

Company Secretary: Stephen Rowland-Jones

Trustees: Siân Carter, Arthur Davey, Peter Fairlie,  
Dr Alan Jacques, Dr Andrew Kelso, Roger Luxmoore-  
Styles, Lorimer Mackenzie, Sarah Mallock, Fiona  
McIntosh, John Middleton, Anne O'Hagan,  
Dr Sivasankaran Sashidharan, Helen Ashley  
Taylor, Dr Jeremy Huw Williams



## 2016-17 SUPPORTERS

Thank you to all our supporters. We are enormously grateful to all of the charitable trusts, community groups, businesses, individuals and Friends of MiHC for their generous support, without which, none of our work could take place. Major contributions during 2016-17 have come from the following:

City of Edinburgh Council  
 Dundee City Council Leisure  
 and Culture  
 East Dunbartonshire Council  
 East Lothian Council  
 Falkirk Council Community  
 Grant Scheme  
 Glasgow City  
 Glasgow Life (Glasgow City Council)  
 Highland Council  
 Midlothian Council  
 Perth & Kinross Council  
 Renfrewshire Council  
 West Dunbartonshire Council  
 West Lothian Council

Aged Veterans Fund  
 Alexander Moncur Trust  
 Bank of Scotland Foundation  
 BBC Radio 4 Appeal  
 Bellahouston Bequest Fund  
 Best Trust  
 Bridge of Allan & Stirling Round Table  
 Bruce Charitable Trust  
 Carnegie Dunfermline Trust  
 Ceres, Kemback and Springfield Guild  
 Clyde & Co  
 Cookie Matheson Charitable Trust  
 ConocoPhillips (UK) Ltd  
 Cruden Foundation  
 D W T Cargill Fund  
 Daisy Chain Trust  
 Davidson (Nairn) Charitable Trust  
 Derby Scottish Association, Burns Club  
 Dunard Fund  
 Dundas Castle Charity Event  
 Ecton Trust  
 Edinburgh & Lothians Health  
 Foundation

Edinburgh Airport Community Board  
 Edinburgh Royal Choral Union  
 Edinburgh Telephone Choir  
 Forteviot Charitable Trust  
 Foundation Scotland  
 Friends of Abbeyfield  
 Friends of Inch Hospital  
 Friends of Pitlochry Hospital  
 Friends of Susan Carnegie Centre  
 Friends of the Stephen Hospital,  
 Dufftown & Rinnes Medical Group  
 Friends of Woodend  
 George Heriot's School, Edinburgh  
 Hinshelwood Gibson Trust  
 Hugh and Mary Miller Bequest  
 Hugh Fraser Foundation  
 International Women's Club  
 J & J R Wilson Trust  
 J C Hardie Charitable Trust  
 Jennie S Gordon Memorial Foundation  
 Jordanhill Community Choir  
 Kennedy Charitable Trust  
 Lady Elliott's Charitable Trust  
 Love Music Community Choir  
 M V Hillhouse Trust  
 Margaret Murdoch Charitable Trust  
 Martin Charitable Trust  
 Martin Connell Charitable Trust  
 Melrose Operatic Society  
 Mental Health Rights  
 Morningfield Association  
 Mrs A A Clutterbuck Trust  
 Mrs Eliza Imrie's Trust  
 Nancie Massey Charitable Trust  
 Nancy Brown's Charitable Trust  
 Nationwide Building Society,  
 Community Match Scheme  
 Newman's Own Foundation Fund  
 Penpont Charitable Trust

PF Charitable Trust  
 Pixel Fund  
 Plum Trust  
 Port of Menteith Church  
 Portmore Charitable Trust  
 R J Larg Family Trust  
 R S Macdonald Charitable Trust  
 Ronald Miller Foundation  
 Rotary Club of Dalkeith  
 Rotary Club of Inverness  
 Saints & Sinners Club of Scotland  
 Scotland's Gardens Scheme  
 ScottishPower Foundation  
 Shop Scotland  
 Sick Kids Friends Foundation  
 St Katharine's Fund  
 Stevenston Charitable Trust  
 Stirling Orchestra's Grade 1 Challenge  
 TA Fund  
 Tay Charitable Trust  
 Thomas Tunnock Ltd  
 Tomian Jewellers  
 Total E&P UK Limited  
 Universities of Scotland,  
 Symphony Orchestra  
 University of St Andrews Music Society  
 WHSmith Group Charitable Trust  
 William & Patricia Venton Charitable Trust  
 Women of Scotland Lunch

Additional thanks to those who would prefer their support to remain anonymous and to the many individuals who have also given donations during the year.

## PLACES WE VISIT

### AYRSHIRE & ARRAN

Ardrossan, South Beach House  
 Auchinleck, Nightingale House  
 Ayr, Ailsa Hospital  
 Ayr, Airlie House  
 Ayr, Carrick House  
 Ayr, Cumnor Hall  
 Ayr, Heathfield House Care Home  
 Ayr, Overmills Day Centre  
 Ayr, South Lodge  
 Ayr, Stroke Folk  
 Beith, thistleknowe care home  
 Cumnock, Bute House  
 Cumnock, East Ayrshire Community  
 Dalmellington, Dalmellington Care Centre  
 Dalmellington, Glebe House  
 Dundonald NH  
 Galston Friendship Club  
 Girvan, Ainslie Manor NH  
 Girvan, Hillcrest Care Home  
 Irvine, Fullarton Care Home  
 Kilmarnock, Argyll House Nursing Home  
 Kilmarnock, Kirklea Care Home  
 Kilmarnock, The Howard Centre  
 Patna, Burnfoot House Care Home  
 Prestwick, Berelands House Care Home  
 Prestwick, Biggart Memorial Hospital  
 Stewarton, St Columba's Church Hall  
 Friendship Group

### BORDERS

Lamancha, Whim Hall CC  
 Melrose, Borders General  
 Melrose, Huntlyburn House

### DUMFRIES & GALLOWAY

Annan Court Care Home  
 Borge, Senwick House  
 Dumfries Activity and Resource Centre  
 Dumfries, Acorn House  
 Dumfries, Charnwood Lodge  
 Dumfries, Dalawoodie House  
 Dumfries, Dumfries Visually Impaired Group  
 Dumfries, Goldielea Home  
 Dumfries, Lochduhar NH  
 Dumfries, Midpark Hospital  
 Dumfries, Parkhead Court Sheltered Housing  
 Dumfries, Roseland House  
 Gatehouse of Fleet, Fleet Valley Care Home

Gretna Day Centre  
 Kirkcudbright, Merse House  
 Lockerbie, Westfield Care Home  
 Moffat, Bankfoot House  
 Moffat, The Friday Community Club  
 Newton Stewart, Ashgrove Court  
 Newton Stewart, Cumlodan Manor NH  
 Newton Stewart, The Riverside Centre  
 Palnackie, Barlochan House  
 Sanquhar, Queensberry Care Home  
 Stranraer, Coronation Day Centre  
 Thornhill Hospital  
 Thornhill, Briery Park CH  
 Stranraer, Belmont House

### FIFE

Cupar, Pitlair House  
 Cupar, Stratheden  
 Dunfermline, Balfour Court  
 Dunfermline, Canmore Lodge  
 Dunfermline, Dollar Court  
 Dunfermline, Jean Mackie Centre  
 Dunfermline, Matthew Fyfe Home  
 Dunfermline, Newlands Care Home  
 Dunfermline, Queen Margaret  
 Glenrothes Blind Group  
 Glenrothes, Abbotsford Strathburn Lodge  
 Kincardine-on-Forth, Forth Bay Care Home  
 Kirkcaldy, Victoria  
 Kirkcaldy, Victoria Hospice Unit  
 Lochgelly, Jenny Gray House  
 Saline, Bandrum NH  
 St Andrews House  
 St Andrews, Balnacarron Care Home  
 St Andrews, Gibson House CH

### FORTH VALLEY

Airth, Airthrey Care Home  
 Alloa, Clackmannan Community  
 Alloa, Marchglen Care Centre  
 Alloa, Parklands Care Home  
 Alloa, The Friendship Club  
 Bainsford Day Centre, Falkirk  
 Balfroun, Strathendrick Home  
 Bannockburn, Fairview Care Home  
 Bo'ness Hospital  
 Bridge of Allan, Allan Lodge  
 Callander, Ashlea House Care Home  
 Denny, Strathcarron Hospice

Dunblane, Randolph Hill NH  
 Falkirk Community Hospital  
 Falkirk, Blackfaulds House  
 Falkirk, Burnbrae Home  
 Falkirk, Joint Dementia Initiative  
 Falkirk, St Margaret's House  
 Falkirk, Summerdale Home  
 Grangemouth, Oswald Avenue Day Centre  
 Larbert Stroke Group  
 Larbert, Bellsdyke  
 Larbert, Forth Valley Royal  
 Larbert, Torwoodhall Care Home  
 Sauchie, Hillview Court  
 Stirling Community Hospital  
 Stirling, Wallace View Care Home  
 Stirling, William Simpsons Home  
 Falkirk, The Haining NH

### GREATER GLASGOW & CLYDE

Alexandria, Balquhiddie House  
 Alexandria, Vale of Leven  
 Anniesland, Erskine Home  
 Balloch, Robin House  
 Bishopton, Ailsa Lodge Care Home  
 Bishopton, Erskine Home  
 Bishopton, Erskine Park Home  
 Clydebank, St Margaret's Hospice  
 Clydebank, Frank Downie House  
 Dumbarton, Castle View NH  
 Dumbarton, Willox Park  
 Glasgow, Leverndale  
 Glasgow Mossvale Care Home  
 Glasgow, Ailsa Craig NH  
 Glasgow, Alexandra Court NH  
 Glasgow, Antonine House  
 Glasgow, Applecross NH  
 Glasgow, Ardenraig Care Home  
 Glasgow, Balmanno House  
 Glasgow, Birdston NH CLOSING 2018  
 Glasgow, Boquhanran House  
 Glasgow, Buchanan House Care Home  
 Glasgow, Buchanan Lodge Care Home  
 Glasgow, Budhill Day Care  
 Glasgow, Burnfield Care Home  
 Glasgow, Campsie Neurological Care Centre  
 Glasgow, Canniesburn NH  
 Glasgow, Craigbank Care Home  
 Glasgow, Cumbrae House  
 Glasgow, Darnley Court Nursing Centre

Glasgow, David Cargill House  
 Glasgow, Davislea CH  
 Glasgow, Deanfield Care Home  
 Glasgow, Drumchapel Hospital  
 Glasgow, Drumry House  
 Glasgow, Eastwood Court Nursing Home  
 Glasgow, Forfar Avenue Home  
 Glasgow, Four Hills NH  
 Glasgow, Fulton Lodge  
 Glasgow, Gartnavel Royal  
 Glasgow, Glenafton NH  
 Glasgow, Greenfield Park Care Home  
 Glasgow, Hawthorn House  
 Glasgow, Jewish Care Scotland (Thistle Club)  
 Glasgow, Jordanhill House Care Home  
 Glasgow, Lambhill Court Care Home  
 Glasgow, Leverdale Hospital  
 Glasgow, Lilyburn Care Home  
 Glasgow, Marie Curie Hospice  
 Glasgow, Mavis Bank Care Centre  
 Glasgow, Mearnskirk House  
 Glasgow, Mugdock House Care Home  
 Glasgow, New Victoria Hospital  
 Glasgow, Northgate House Care Home  
 Glasgow, Oakbridge  
 Glasgow, Oran Street Day Centre  
 Glasgow, Prince & Princess of Wales Hospice  
 Glasgow, Purdon Street Day Centre  
 Glasgow, Quayside NH  
 Glasgow, Queen Elizabeth University  
 Hospital  
 Glasgow, Rannoch House  
 Glasgow, Rowantree Rodgerpark Care Home  
 Glasgow, Sherbrooke Lodge Care Home  
 Glasgow, Stobhill  
 Glasgow, Thornwood Hall  
 Glasgow, Westerton Care Home  
 Glasgow, Whitefield Lodge  
 Glasgow, Williamwood House  
 Glasgow, Wyndford Locks  
 Greenock, Alt-na-Craig House  
 Greenock, Bagatelle NH  
 Greenock, Balclutha Court Care Home  
 Greenock, Glenfield Home  
 Greenock, Mariners' Home  
 Inchinnan, LittleInch Care Home  
 Kirkintilloch, John Street House  
 Newton Mearns, Greenlaw Grove  
 Care Home  
 Newton Mearns, Westacres Care Home  
 Old Kilpatrick, Mount Pleasant House  
 Paisley, Accord Hospice  
 Paisley, Dykebar

Paisley, Hunterhill Care Home  
 Paisley, Kyle Court Care Centre  
 Paisley, Montrose Care Home  
 Paisley, Royal Alexandra  
 Paisley, The Hawkhead Centre  
 Renfrew Care Home  
 Erskine, Little Inch Erskine Care Centre  
 Dumbarton, Strathleven Care Home

### GRAMPIAN

Aberdeen, Airyhall Group  
 Aberdeen, Balnagask House  
 Aberdeen, Banks O'Dee NH  
 Aberdeen, Broomhill Park  
 Aberdeen, Cloverfield Grove  
 Aberdeen, Craigievar Court  
 Aberdeen, Cranford NH  
 Aberdeen, Crosby House  
 Aberdeen, Fairview House  
 Aberdeen, Fergus House  
 Aberdeen, Hamewith Lodge  
 Aberdeen, James Tyrrell Centre  
 Aberdeen, Janesfield Manor  
 Aberdeen, Jesmond Care Home  
 Aberdeen, Kingswood Court Day Care  
 Centre  
 Aberdeen, Laurels Lodge Care Home  
 Aberdeen, Margaret Clyne Court  
 Aberdeen, Northcote Lodge Care Home  
 Aberdeen, Persley Castle Care Centre  
 Aberdeen, Riverside Care Home  
 Aberdeen, Rosehill Day Centre  
 Aberdeen, Rosewell House  
 Aberdeen, Roxburghe House  
 Aberdeen, Royal Aberdeen Children's  
 Hospital  
 Aberdeen, Royal Cornhill Hospital  
 Aberdeen, Royal Infirmary  
 Aberdeen, Rubislaw Park Care Home  
 Aberdeen, Ruthrieston House  
 Aberdeen, Simeon Care for the Elderly  
 Aberdeen, St Peter's Court  
 Aberdeen, Stocket Grange Care Home/  
 Sheltered Housing  
 Aberdeen, Torry NH  
 Aberdeen, Woodend  
 Aberdeen, Woodside Care Home  
 Aberlour, Speyside Care Home  
 Aboyne, Allachburn Care Home  
 Aboyne, Future choices  
 Aboyne, Praesmohr House  
 Alford, Hamewith Court  
 Balmedie House

Banchory, Annesley House  
 Banchory, Bellfield Home  
 Banchory, Forget-Me-Not Club  
 Banchory, Inchmarlo House  
 Banchory, Pitmurchie House  
 Banff Care Home  
 Bridge of Don, Grandholm Care Home  
 Brimmond Court, Aberdeen  
 Buckie, Lythe Care Home  
 Buckie, Netherha' NH  
 Cullen, Wakefield House  
 Dufftown, Stephen Hospital  
 Elgin, Anderson's  
 Elgin, Cedarwood  
 Ellon, Ythanvale Home  
 Forres, Taigh Farrais Respite Unit  
 Huntly, The Meadows Care Home  
 Inverbervie, Castle Lodge  
 Inverurie, Blythwood Home  
 Inverurie, Foos Yer Doos Sing Song Club  
 Inverurie, Garioch NH  
 Inverurie, Mental Health Aberdeen  
 Kemnay, Grove Care Home  
 Kemnay, Littlewood Court  
 Kincorth, Sue Ryder Home  
 Laurencekirk, Burnside NH  
 Mintlaw, Abbey Court Very Sheltered  
 Housing  
 New Deer, Culsh House  
 Newtonvale Court, Aberdeen  
 Peterculter, Eastleigh NH  
 Peterhead, Allandale House  
 Peterhead, Grange Park Care Home  
 Peterhead, Kirkburn Court Care Home  
 Peterhead, Sunnybank NH  
 Peterhead, Willowbank Day Service  
 Peterhead, Wyndwell Care Home  
 Portlethen, Lethen Park Care Home  
 Stonehaven, Alzheimers Scotland  
 Stonehaven, Carron Stroke Group  
 Stonehaven, Clashfarquhar House  
 Stonehaven, Edenholme Care Home  
 Stonehaven, Forest View Centre  
 Stonehaven, Havencourt Care Home  
 Stonehaven, Kincardine & Deeside  
 Befriending  
 Stonehaven, Mowat Court NH  
 Strathdon Day Centre  
 Westhill, Pitcairn Lodge Care Home  
 Insch Day Centre



**HIGHLAND**

Alness, Catalina House NH  
 Alness, Redwoods Care Home  
 Ardrishaig, Ardfenaig RH  
 Ardrishaig, Caledonia Court Sheltered Housing  
 Aviemore, Glen Centre  
 Ballachulish, Abbeyfield House  
 Bonar Bridge, Migdale Hospital  
 Broadford, An Acarsaid  
 Brora, Brora Village Hub  
 Campbeltown, Auchinlee RH  
 Campbeltown, Kintyre Care Centre  
 Campbeltown, Woodlands Resource Centre  
 Dingwall, Fodderty House  
 Dornoch, Oversteps  
 Dornoch, The Meadows Care Centre  
 Drumnadrochit, Glenurquhart Centre  
 Fort Augustus, Telford Centre  
 Fort William, Invernevis House  
 Fort William, Moss Park Care Centre  
 Gairloch, Strathburn House  
 Golspie, Seaforth House  
 Grantown-on-Spey, Grant House  
 Grantown-on-Spey, Ian Charles  
 Helensburgh, Lochside Care  
 Inverness, Ach-an-Eas Home  
 Inverness, Aden House  
 Inverness, Cameron House  
 Inverness, Cradlehall Care Home  
 Inverness, Culduthel Care Home  
 Inverness, Elmgrove NH  
 Inverness, Fairfield Care Home  
 Inverness, Highland Hospice  
 Inverness, Highview House  
 Inverness, Isobel Fraser RH  
 Inverness, Kingsmills Care Home  
 Inverness, Leonard Cheshire Services in the Highlands  
 Inverness, Mackenzie Centre  
 Inverness, Meallmore Lodge Care Home  
 Inverness, Merkinch Friendship Club  
 Inverness, New Craigs  
 Inverness, Raigmore Hospital  
 Inverness, Southside NH  
 Inverness, Woodlands Centre  
 Isle of Islay, Gortanvogie Residential Home  
 Kingussie, St Vincent's  
 Kingussie, Wade Centre  
 Lochcarron, Howard Doris Centre  
 Lochgilphead, Mid Argyll  
 Lochgilphead, MS Therapy Centre Mid-Argyll  
 Muir of Ord, Urray House

Nairn, Alzheimer Scotland  
 Nairn, Bruach House  
 Nairn, Carolton Care  
 Nairn, Hebron House  
 Nairn, St Olaf's Care Home  
 Nairn, Whinnieknowe House  
 Newtonmore, Main's House  
 Oban Hospice  
 Oban, Eadar Glinn Care Home  
 Oban, Lynn Court  
 Oban, Lynn of Lorne NH  
 Oban, North Argyll House  
 Portree Community Hospital  
 Portree, Budhmor House  
 Portree, Home Farm NH  
 Portree, Tigh na Drochaid Resource Centre  
 Strathpeffer, Strathallan House  
 Tain, Innis Mhor  
 Thurso, Achvarasdal House  
 Thurso, Bayview House  
 Ullapool, Mo Dhachaidh Care Home  
 Wick, Riverside House Care Home

**LANARKSHIRE**

Airdrie, Monklands District General  
 Airdrie, Rawyards House Care Home  
 Bargeddie, Drumpellier Lodge  
 Bellshill, Hatton Lea NH  
 Biggar, Greenhills Care Centre  
 Biggar, Langvout Court  
 Coatbridge, Coathill  
 Coatbridge, East Stewart Day Centre  
 Coatbridge, Millbrae Care Home  
 Cumbernauld, Darroch NH  
 Cumbernauld, Rannoch Lodge NH  
 Cumbernauld, SBH Scotland  
 Cumbernauld, The Village NH  
 East Kilbride, Hairmyres  
 East Kilbride, McKillop Gardens  
 Hamilton, Udston  
 Lanark, McClymont House  
 Motherwell, Park Springs Care Home  
 Rutherglen, David Walker Gardens  
 Shotts, Shotts Integrated Day Services  
 Stonehouse Hospital  
 Uddingston, Springfield Gardens  
 Wishaw, Wishaw Integrated Day Service  
 East Kilbride, Cathkin House

**LOTHIAN**

Armadale, Heatherfield NH  
 Bathgate, Meadowvale Care Home  
 Bathgate, Redmill NH  
 Bonnyrigg, Midlothian Community  
 Bonnyrigg, Springfield Bank Care Centre  
 Broxburn NH  
 Broxburn, Holmesview NH  
 Dalkeith, Archview Lodge Care Home  
 Dunbar, Belhaven  
 Dunbar, Dunbar Day Centre  
 Dunbar, Lammermuir House  
 East Linton, Lynton Centre  
 Edinburgh Manor Grange Care Home  
 Edinburgh, Abercorn Care Home  
 Edinburgh, Astley Ainslie  
 Edinburgh, Balfour House  
 Edinburgh, Belgrave Lodge  
 Edinburgh, Belleville Lodge  
 Edinburgh, Blenham House  
 Edinburgh, Braeside House  
 Edinburgh, Cairdean House  
 Edinburgh, Camilla House Care Home  
 Edinburgh, Chamberlain Care Home  
 Edinburgh, Claremont Park NH  
 Edinburgh, Cluny Lodge  
 Edinburgh, Davidson House  
 Edinburgh, Eagle Lodge  
 Edinburgh, Eildon House  
 Edinburgh, Ellen's Glen  
 Edinburgh, Erskine Home  
 Edinburgh, Ferryfield House  
 Edinburgh, Findlay House  
 Edinburgh, Forthland Lodge  
 Edinburgh, Gillespie Lodge  
 Edinburgh, Gilmerton Care Home  
 Edinburgh, Laverock House  
 Edinburgh, Lennox House  
 Edinburgh, Letham Park Care Home  
 Edinburgh, Liberton Hospital  
 Edinburgh, Lothian Early Onset Support Service  
 Edinburgh, Marie Curie Hospice  
 Edinburgh, Marionville Court  
 Edinburgh, Morlich House  
 Edinburgh, Murraypark Hospital  
 Edinburgh, North Edinburgh Dementia Care  
 Edinburgh, North Merchiston Care Home  
 Edinburgh, Pentland Hill NH  
 Edinburgh, Porthaven House  
 Edinburgh, Royal Edinburgh Hospital  
 Edinburgh, Royal Hospital for Sick Children  
 Edinburgh, Royston Court  
 Edinburgh, Spring Gardens CH  
 Edinburgh, St Columba's Hospice  
 Edinburgh, St Crispin's School  
 Edinburgh, Strachan House  
 Edinburgh, Struan Lodge

Edinburgh, The Royal Blind School  
 Edinburgh, Tor Christian NH  
 Edinburgh, Trinity Lodge  
 Edinburgh, Victoria Manor NH  
 Edinburgh, Viewpark Home  
 Edinburgh, Western General  
 Eliburn, Peacock NH  
 Gorebridge, Newbyres Village  
 Gullane, Muirfield Care Home  
 Haddington, East Fortune House  
 Haddington, Florabank RH  
 Haddington, Herdmanflat  
 Haddington, Hilton Lodge Care Home  
 Lasswade, Drummond Grange Care Home  
 Linlithgow Care Home  
 Linlithgow, St Michael's Hospital  
 Linlithgow, West Port Resource Centre  
 Livingston, Braid House Day Centre  
 Livingston, Craigmair CH  
 Livingston, Dedridge Good Neighbour Network  
 Livingston, Eliburn Day Centre  
 Livingston, Livingston Care Home  
 Livingston, Maple Villa  
 Livingston, St John's Hospital  
 Livingston, Woodlands NH  
 Loanhead, Pinevilla Nurshing Home  
 Musselburgh, Eskgreen Home  
 North Berwick Day Centre  
 North Berwick, Astley House  
 North Berwick, Fidora NH  
 North Berwick, Leuchie House  
 North Berwick, The Abbey  
 Pencaitland, Tyneholm Stables NH  
 Port Seton, John Bellany Day Centre  
 Prestonpans, Harlaw Hill Day Centre  
 South Queensferry, Queensferry Care  
 Tranent, Crookston Care Home  
 Tranent, Tranent Care Home  
 Uphall, St Andrew's Court  
 West Calder, Burngrange Care Home  
 Whitburn, Brucefield House  
 Whitburn, Tippethill Hospital  
 Whitburn, Whitdale House  
 Wilkieston, The Linburn Centre

### **SHETLAND ISLANDS**

Brae, North Haven Care Centre  
 Lerwick, Anderson High School Gressy  
 Loan Base  
 Lerwick, Edward Thomason House  
 Lerwick, Gilbert Bain Hospital  
 Lerwick, Montfield Support Services

Lerwick, Taing House  
 Scalloway, Walter & Joan Gray  
 Shetland, Overtonlea Care Centre  
 Unst, Nordalea Care Home  
 Walls, Wastview Care Centre  
 Yell, Isleshavn Care Centre

### **TAYSIDE**

Aberfeldy, Dalweem Home  
 Arbroath Infirmary  
 Arbroath, Cairnie Lodge NH  
 Arbroath, Lochlands Resource Centre  
 Arbroath, Lunan Court  
 Arbroath, Monkbarns House  
 Auchterarder, Parkdale CH  
 Auchterarder, St Margaret's Hospital  
 Balhousie Luncarty House  
 Birnam, Rivendell  
 Blairgowrie, Beech Manor Care Home  
 Blairgowrie, Hope Park House  
 Blairgowrie, Muirton House Care Home  
 Blairgowrie, Northlands NH  
 Blairgowrie, Rosemount Care Home  
 Blairgowrie, Stormont Lodge Care Home  
 Brechin, Bearehill Care Home  
 Brechin, St Drostan's Court  
 Brechin, Susan Carnegie Centre  
 Brechin, The Glade  
 Bridge of Earn, Moncreiffe Home  
 Broughty Ferry, Rosendael  
 Carnoustie, Brookfield Care Home  
 Carnoustie, Kinloch Care Centre  
 Comrie, Dalginross House  
 Coupar Angus Care Home  
 Crieff Care Home  
 Crieff Community Hospital  
 Crieff, Ancaster House Care Home  
 Crieff, Ashdene Court  
 Crieff, Ashdene House  
 Crieff, Richmond House  
 Crieff, The Birches  
 Crieff, Wardside House  
 Dundee Blind & Partially Sighted Society  
 Dundee, Ballumbie Court NH  
 Dundee, Benvie Care Home  
 Dundee, Bridgeview House NH  
 Dundee, Carmichael House NH  
 Dundee, Craigie House  
 Dundee, Forebank Care Home  
 Dundee, Janet Brougham House  
 Dundee, Kingsway Care Centre  
 Dundee, Linlathen Neurodisability Centre  
 Dundee, Lochleven Care Home

Dundee, Menzieshill House  
 Dundee, Midlin Day Centre  
 Dundee, Pitkerro Care Centre  
 Dundee, Riverside View Care Home  
 Dundee, Rose House NH  
 Dundee, Roxburghe House  
 Dundee, Royal Victoria Hospital  
 Dundee, Servite House  
 Dundee, Tayside Children's  
 Dundee, Turriff House  
 Dunning, Kippen House Care Home  
 Forfar, Beech Hill House  
 Forfar, Finavon Court  
 Forfar, Lilybank Adult Resource Centre  
 Forfar, Lochbank House  
 Forfar, St David's RH  
 Forfar, The Gables Home  
 Forfar, Whitehills Health & Community CC  
 Kinross, Rachel House  
 Kirriemuir, Lisdin Care Home  
 Milnathort, Ashley House  
 Monifieth, Monifieth Parish Church  
 Monifieth, Tigh-na Muir  
 Montrose, Dorward House  
 Montrose, Fordmill NH  
 Montrose, Provost Johnston Sheltered Housing  
 Montrose, Rosehill Adult Resource Centre  
 Perth, Beechgrove House  
 Perth, Charterhouse Sheltered Housing  
 Perth, Cornhill Macmillan Day Centre  
 Perth, Craigieknowes Care Home  
 Perth, Kincarrathie House  
 Perth, Louisebrae Care Home  
 Perth, Milburn Court  
 Perth, Murray Royal  
 Perth, New Rannoch DC  
 Perth, North Inch House  
 Perth, Perth Stroke Club  
 Perth, PKAVS  
 Perth, St Johnstoun's NH  
 Perth, Strathmore Street Sheltered Housing  
 Perth, Strathtay House  
 Perth, The Dalguise Centre Care Home  
 Perth, The Grange Care Home  
 Perth, Viewlands House  
 Perth, VisionPK  
 Pitlochry Care Home  
 Pitlochry Community Hospital  
 Scone, Catmoor House  
 Scone, Robert Douglas Memorial Home

## HOW YOU CAN HELP

### Make a donation

Online: via JustGiving [www.mihc.org.uk](http://www.mihc.org.uk)

By phone: call 0131 556 5848 to donate

By text: text MIHC17 £10 (or donation of choice) to 70070

By post: send a cheque made payable to 'Music in Hospitals & Care' to our Forth Street address: 10 Forth Street, Edinburgh EH1 3LD

### Become a Friend of MiHC

Join our group of MiHC Friends for a minimum donation of just £25 a year (or a standing order from as little as £2 a month). Friends' benefits include: regular newsletters; monthly draw for RSNO concert tickets and priority bookings for MiHC events.

### Music Memory

Remember a loved one in memoriam and celebrate their favourite music or song through donation and help us support our work with those who suffer with illnesses and long term conditions that cause dementia.

If you would like more information about how to donate a music memory in memoriam or to make provision for Music in Hospitals & Care Scotland in your will, please give our Scotland Director, Claire Bennett a call: 0131 556 5848.

### Fundraising events

Subscribe via our website to our newsletter and ensure you hear about our upcoming fundraising events near you. Or, run your own fundraising event for the charity – we'll support you all the way!

### Spread the word

Follow, like and re-tweet us on Twitter, Facebook and Instagram and help us to spread the word about Music in Hospitals & Care far and wide.

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### Support a local concert

Organisations, businesses, schools and community groups can support live concerts in care settings within their local community. Please contact our Fundraising Team on 0131 556 5848 to discuss how to get started.







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[www.mihc.org.uk](http://www.mihc.org.uk)

[edinburgh@mihc.org.uk](mailto:edinburgh@mihc.org.uk)

For information on concert giving in the rest of the United Kingdom, please contact:

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England, Wales, N. Ireland  
& the Channel Islands  
Music in Hospitals & Care,  
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